



## VEGAN MENU

### STARTERS

**Refreshing melon salad €8**

Spicy melon salad with fresh ginger, lime and coriander, garnished with an Italian breadstick. Contains G

**Garlic bread with kale pesto €6**

Grilled sourdough bread with fresh homemade kale pesto and mixed baby leaves. Contains G N

**Roquito peppers and olives €8**

Italian green olives served with sweet roquito peppers and flatbread. Contains G

**Avocado caprese salad €7**

Beefsteak tomatoes with avocado and fresh basil, served with extra virgin olive oil, vegan cheese and balsamic drizzle. Contains G SP

**Beetroot carpaccio €8**

Beetroot with oranges, red grapes, roasted pistachios, rocket, cheese and our special house dressing. Contains N SP

### MAIN COURSES

**Superfood salad €13**

Baby spinach, beetroot, avocado, roasted butternut squash, lentils, artichoke hearts, pine nuts, tomatoes and our special house green dressing. Contains N SP

### **Lentil spaghetti bolognese €13**

Spaghetti pasta with a rich lentil 'Bolognese' sauce, topped with fresh cherry tomatoes and cheese. **Contains G**

### **Tofu and veggie skewers €14**

Baked tofu with red peppers, aubergine, courgette and tomatoes. Served with roast baby potatoes and mixed baby leaves. **Contains S**

### **Pasta Italiana €14**

Penne pasta with kale pesto, black olives, cherry tomatoes, mixed baby leaves and cheese.  
**Contains G N**

### **Spaghetti Pomodoro €12**

Spaghetti with Napoli tomato sauce, cherry tomatoes and basil. **Contains G**

### **Vegan Mediterranean pizza €17**

Made with our own homemade pizza bases and in-house tomato sauce, topped with cheese and grilled red peppers, aubergines, courgettes and fresh basil. **Contains G**

## **DESSERTS**

### **Fruit salad €8**

Oranges, grapes, apples, melon, strawberries, blueberries, passion fruit, pomegranate seeds

### **Sorbet €8**

Coconut or lemon sorbet.

All 14 allergens are openly used throughout our kitchen and trace amounts may be present at all stages of cooking.

Gluten = G

Nuts = N

Sesame Seeds = SS

Lupin = L

Peanuts = P

Milk = MK

Mustard = M

Soybeans = S

Eggs = E

Celery = CY

Crustaceans = C

Fish = F

Molluscs = ML

Sulphites = SP